Join Us In the Brain Food Tent!

Educational Speakers ... Located Outdoor in Front of the Mullen Center

JACQUELYN FERGUSON
International Speaker, Columnist, Author. InterAction Associates

9:30 AM
Let Your Body Win:
Stress Management Plain and Simple

Jacquelyn joins us from: Fort Myers, Florida

Stress symptoms from headaches to hair loss, irritable bowel syndrome to insomnia, constipation to cardiovascular disease or depression to diabetes plague Americans. You know *what* you "should" do to manage stress but do you know *why*? Attend this fun, participative program and learn the bad news but also the GREAT news about stress.

Jacquelyn began her career in the Peace Corps. With a Master's degree, Jackie founded her management development and training firm, InterAction Associates in 1982.

Hundreds-of-thousands of people from North America to the United Kingdom and Australia have benefitted from her presentations. Jacquelyn is also a stress coach and weekly columnist.

Contact: Jferg8@aol.com
www.letyourbodywin.com
Blog: http://stressforsuccess.blogspot.com
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NANCY SOLARI
Founder and CEO
Living Full Out

10:30 AM
Unleash the Powerhouse Within You

Nancy joins us from: Santa Monica, California

Are you overworked? Is your business not doing as well as you hoped? Nancy's Spectacularly Simple System will help you:
- Discover your true potential
- Embrace and utilize your newfound power
- Achieve amazing business & personal life results
- Live the life you know you deserve

Nancy is an authentic, passionate, and successful example of how you can live the life you want with the right mindset and foundation. Despite the challenges of being legally blind, she is a successful businesswoman and knows how to live life *full out* and without regrets.

Contact: info@livingfullout.com
www.livingfullout.com
http://becomeasuccessfulwomen.com
Blog: http://www.livingfullout.com/wp/
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MAUREEN BURNS-HOOKER
Owner and CEO
The Herbal Sage Tea Company

11:30 AM
The Reali-Tea of Owning a Business

Maureen joins us from: Cleveland, Ohio

A true Sister in Spirit, Maureen will share the good, the bad and the Reali-teas of building one's own business.

She opened her first business at age 19. This business is still flourishing; although Maureen no longer owns the shop she realizes that a building strong foundation is essential to the success of any business. Her latest endeavor, The Herbal Sage Tea Company just hit its 10 year mark and continues to grow globally. Bring questions and comments of your own to share in this event!

Maureen has presented at numerous conferences including: Frontier Coop's Herb Fest, SE Women's Herbal Conference to name a few. Her company promotes over 16 signature tea blends.

This lecture is a lead in to the Sisterhood Tea Party held at NOON in the Holistic Hide-A-Way room inside the Mullen Center.

Contact: www.herbalsage.com
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feed your brain good stuff ... feed your brain good stuff ... feed your brain good stuff ... feed your brain good stuff ... feed your brain

JANICE LYNNE LUNDY
Author, *Women's OutLook* Magazine
Columnist,
Spiritual Director

12:30 PM
Finding Your Courage, Speaking Your Truth

Janice joins us from: Traverse City, Michigan

Why is it so difficult for women to "speak their truth"—to publicly say what they feel and live from that empowered place? Author Jan Lundy believes it is because we have been conditioned as women to practice the three "P's": perfectionism, people pleasing, and peace keeping. Learn how to begin to rid yourself of these energy stealers once and for all so you can live as *your* truest, most confident self.

Janice is the author of four self- help/spiritual growth books, including, *Your Truest Self: Embracing the Woman You Are Meant to Be.* She works with women through writing, workshops, retreats, and private spiritual direction (in-person or long distance).

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KENNETH J. JUALL
Financial Advisor
Moors & Cabot
Financial Advisors

1:30 PM
Let's Focus On Your Financial Well Being

Ken joins us from: Sarasota, Florida

During this presentation Ken will demonstrate a live, fictitious financial review. In the process you will learn the language of investing, and be introduced to the art of managing your financial well being.

Ken moved to Florida from New Jersey in 2003 after an extensive career on Wall Street. He is a registered financial advisor who is committed to improving his client's lives. He operates two Moors & Cabot offices; one in Englewood and one in Sarasota. Ken is the father of five children and a graduate of St. Michael's College and Fairleigh Dickenson University.

Contact: kjuall@moorscabot.com
www.rotationtostrength.com
Ken will be available after his presentation for questions.

MARGO ROYALS
Owner
Stunning Gal

2:30 PM
Being Safe in an Unsafe World

Margo joins us from: Royal Palm Beach, Florida

Protect yourself! Learn valuable tips on personal safety awareness for women, options for personal protection deflection, deterrent and over all re-empowerment and control of your safety zones

Margo is originally from New England, and has lived in the Middle East, Caribbean basin and Pacifc islands. She landed in South Florida in 2000, and launched Stunning Gal in 2006 as a result of her own personal experience with abuse and victimization. Margo is a member of Better Business Bureau as an A-rated company (since 2007). She was a volunteer for Palm Beach County COP Equestiran Mounted Patrol from 2005-2009, and also is a member of NRA.

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